



Ref: British Cupping Society welcome letter

Date: 20/01/2012

Dear fellow health professionals,

I am delighted to welcome you to the British Cupping Society (BCS). The BCS was established in response to the growing interest in Cupping Therapy amongst health professionals and the wider community.

The British Cupping Society has gained recognition both nationally and internationally as an organisation representing the practice of Cupping in the United Kingdom. Our aim is to preserve, protect, improve and promote the safe practice of Cupping for the benefit of society as a whole.

The purpose of the BCS provides leadership in the skills of Cupping by promoting an Evidence Based Approach to Cupping Therapy whilst upholding key traditional elements of the practice. In order to further these aims, we intend to implement our policies and plans to ensure the professional growth and success of Cupping.

The BCS is an autonomous body founded and managed by a team of qualified medical and health professionals. It utilises funds generated to promote the practice of Cupping Therapy through an array of activities, including research, lectures, seminars, conferences, TV appearances, courses and workshops.

Attached with this welcome letter are details of the Advanced Workshop and registration form for the workshop. Please do visit our website (www.britishcuppingsociety.org) and register for free to receive latest information about the various BCS activities.

We look forward to your participation.

Yours Sincerely,

Kaleem Ullah Rajput

Secretary, British Cupping Society
81 Corbet Close
Hackbridge Wallington
Surrey, SM6 7AR



Ref: Workshop – ‘Introduction to Medical Cupping Therapy’

Introduction

Thank you for your interest in the ‘Cupping Therapy: An Introduction’ workshop that will be Taking place on **Saturday 10th March 2012** at St. George's, University of London, Medical School SW17 ORE.

This cupping workshop is unique; designed and managed by experienced Medical Professionals. It will encompass both theory and practice offering an excellent opportunity to gain ‘**hands-on**’ experience with the different types of Cupping Therapy on volunteer subjects, supervised by a team of specialists. The BCS team has decades of experience in alternative medicine. Having established themselves in the UK as Cupping Therapy specialists, our practitioners have earned international recognition. You will have a chance to observe, ask questions and then practice yourselves under their supervision.

Your participation will ensure that the workshop is interactive and enjoyable and, most importantly, beneficial. Our practitioners are aware that this will be the first exposure to Cupping Therapy for some, whereas others maybe more familiar with it, and thus the workshop has been carefully tailored to cater for all needs.

Overview of the workshop

Once you have registered, you will receive a pre-course material via email. You will see that the course has been split over a period of *five days*, the first four of which are *self directed*, introducing the fundamentals of Cupping, its origins and practice, and basic medical knowledge and hygiene. The final day of the workshop will conclude with practical application of Cupping.

Upon successful completion of the ‘Introductory Workshop’, participants will be invited to attend future more ‘Advanced Cupping Therapy Workshops’. Details of these workshops will be given at the end of the ‘Introductory Workshop’.

Who is this workshop designed for?

Exclusively for Health Professionals who:

- Have an interest in Alternative Medicine
- Are eager to broaden their portfolio and repertoire of skills

Cost of workshop

Special discounted price:

- Staff **£250** Students **£200**
- **(Places subject to availability.** Return applications early to avoid disappointment). Cheques made payable to British Cupping Society or via online transfer (see bank details on registration form).

You will receive

- Self-Directed study pack and document case
- Practical cupping set

W: www.britishcuppingsociety.org **E:** info@britishcuppingsociety.org **T:** +44(0)7917161642

British Cupping Society ©. All rights reserved.



- Certificate of attendance
- Lunch/Refreshments

Additional benefits of attending the workshop

- **Recognised:** Fully registered with Companies House
- **Prestigious:** Course prepared for Health Professionals by Medical Professionals
- **Exclusive:** Direct interaction with leading specialists with research based knowledge
- **Practical:** “Hands-on” experience
- **Provision:** All necessary materials, documents & cupping sets
- **Unique:** Access to website resources
- **Portfolio:** Continuous Professional Development

Self Directed Study and complete structure of the workshop

	Time	Contents
Day 1	Self Directed Study	Introduction to cupping, historical background, theories and types of cupping
		Introduction to the structure and function of the skin
		Benefits and contraindications, time of application of cupping. Age and gender issues.
Day 2	Self Directed Study	Structure of the lungs and respiratory system
		The function of the respiratory system
		Structure of the heart and circulatory system
		The function of the circulatory system
		The relationship between the respiratory and circulatory systems
		The concept of hygiene and sterilisation before and after the application of cupping
Day 3	Self Directed Study	Introduction to the structure and function of the musculoskeletal system
Day 4	Self Directed Study	Structure and function of the nervous system
Day 5	9:00-9:30	Workshop registration and refreshments
	9:30-12:00	<ul style="list-style-type: none"> - Introduction to cupping, historical background, theories of cupping - Types of Cupping - Benefits and contraindications, time of application of cupping. Age and gender issues. Misconception and bad practice in cupping therapy. - Practical demonstration of dry cupping - Application of dry cupping
	12:00-1:00	Lunch break
	1:00-3:00	<ul style="list-style-type: none"> - The concept of hygiene and sterilisation before and after the application of cupping - Demonstration and Application of wet cupping
	3:00-3:30	Coffee break
	3:30-4:30	Practical Application of Wet Cupping on volunteers
	4:30-5:00	Conclusion and evaluation of the course



REGISTRATION FORM (PLEASE WRITE CLEARLY)

Please return completed form to: **British Cupping Society, Hackbridge, Wallington, Surrey SM6 7AR.**

Title		Occupation (Specialty) & Reg. Number	
Name			
Organisation			
Postal Address			
Telephone		Fax	
Email			
Local Authority Area			
<p>Please note that only completed forms sent by post or email applications using this form will be processed – verbal applications will not be accepted.</p> <p>The closing date for registration is: 03/03/2012 [Late applications will only be considered subject to availability].</p> <p>Completion and return of this form confirms I would like to attend the following event on : 10th March 2012: Workshop – Introduction to Medical Cupping Therapy On the Day of the Workshop, Please Report to: St. George's, University of London, Medical School SW17 0RE.</p> <p>Bank Payment Details: BANK NAME: The Co-operative Bank BRANCH: London BANK ACCOUNT: 65328154 SORT CODE: 08-92-99 BANK ADDRESS: Skelmersdale, WN8 6WT P.O. BOX: 250 Cheques also payable to the British Cupping Society. Return all applications via recorded delivery.</p> <p>Return Completed form and payment to: 81 Corbet Close, Hackbridge Wallington, Surrey, SM6 7AR</p> <p>Dietary, accessibility or any other requirements:</p> <p>Where did you hear about the course? _____</p>			

If you have any queries about this event, please contact the BCS on **+44 (0) 79 1716 1642** or email: info@britishcuppingsociety.org. In the event you wish to cancel your registration please contact us immediately prior to the date of the workshop. Cancellations beyond workshop date maybe rejected and charges applied.

Data Protection Statement: Your details will be collected for the purposes of administering this event only and will not be shared with any third parties. If you wish to remove your details or have any other queries about this, please contact BCS: info@britishcuppingsociety.org.

Tick here if you *do not* wish to be added to the BCS mailing list