



We are pleased to announce our Next Beginner's Workshop the 'Cupping Therapy: An Introduction' on **Saturday 30th of November 2013**.

This will be at Ilford Medical Centre, 61 Cleveland Road, Ilford, Essex IG1 1EE'.

WHO IS THE WORKSHOP AIMED AT?

The Beginner's workshop is designed for health professionals with an interest in Cupping aiming to become registered practitioners with the British Cupping Society.

Health professionals can encompass the following:

1. Doctors
2. Surgeons
3. Dentists
4. Nurses with a Background in Health Sciences
5. Physiotherapists
6. Pharmacists

WHY CHOOSE THE BRITISH CUPPING SOCIETY?

The British Cupping Society has gained recognition both nationally and internationally as an organization representing the practice of Cupping in the United Kingdom. Our aim is to preserve, protect, improve and promote the safe practice of Cupping for the benefit of society as a whole. The BCS provides leadership in the skills of Cupping by promoting an Evidence Based Approach to Cupping Therapy whilst upholding key traditional elements of the practice. In order to further these aims, we intend to implement our policies and plans to ensure the professional growth and success of Cupping.

The BCS is an autonomous body founded and managed by a team of qualified medical and health professionals who want to standardize and regulate the practice of cupping in the UK and worldwide to preserved this noble profession.

WHY ARE ONLY HEALTH PROFESSIONAL ACCEPTED ONTO THE WORKSHOPS?

We accept that there is great enthusiasm amongst practitioners and the public to practice this therapy. However we must maintain professional standards in order to ensure patient safety and to ensure that British Cupping Society Practitioners deliver the best care. Our courses are based on the application of **medical cupping therapy** and therefore our practitioners need to have a background in the health sciences and be skilled in diagnosis.

We will therefore consider individual enquiries on merit, please email

info@britishcuppingsociety.org for any specific queries.

WHO WILL DELIVER THE WORKSHOP?

Fully qualified medical doctors and academics will deliver the workshop with an interest in Cupping and Alternative therapies. The BCS has a wealth of experience in all aspects of cupping including Research, Clinical Practice and Training. We hope to share our unique experiences with you. Having established in the UK as Cupping Therapy specialists, our practitioners have earned international recognition. You will have a chance to observe, ask questions and then practice yourselves under their supervision.

WHAT IF I AM NOT A HEALTH PROFESSIONAL BUT WANT TO PRACTICE CUPPING?

In 2014 we are will be arranging a programme for non-health professionals allowing them to practice as cupping therapy assistants. Further details will be available in the near future.

THE OUTLINE OF THE BEGINNERS WORKSHOP IS AS FOLLOWS:

1. Review of Anatomy and Physiology Related to Cupping (Pre-reading material)
2. Introduction to Cupping Therapy
3. History of Cupping therapy
4. Traditional Approaches and Timings
5. Current Theories and Mechanisms of Action of Cupping Therapy
6. Current Scientific Evidence Related to Efficacy of Cupping Therapy
7. Clinical Indications and Contraindications of Cupping Therapy
8. Infection Control Guidelines Related to Wet Cupping
9. Demonstration of Wet, Dry and Massage Cupping
10. Practical Session on Wet, Dry and Massage cupping
11. Health clearance for Practicing Cupping
12. The Cupping Clerking Proforma & Record Keeping
13. Clinical Room Requirements and Consent
14. Indemnity to Practice

HOW WILL I LEARN?

The workshop is based on small group teaching to help you get the most out of the course. We believe in maximizing the interaction between the candidates and the tutor, there is ample opportunity for question and answers. We hope this will help you to personalize your experience. Methods of teaching include the following:

1. Lectures
2. Group discussion
3. Case based Discussion
4. Practical Session
5. Examination

We have a limit on 12 participants per workshop to ensure that you achieve maximum benefit from the experience.

DO I NEED ANY PREVIOUS EXPERIENCE IN CUPPING?

No. The course is designed for health professionals without any experience in cupping.

HOW DO I APPLY?

Please complete the Application form below and then scan or email a copy to the following address: info@britishcuppingsociety.org

Once you have registered and payment has been received, you will receive a pre-course material via email. You will the course has been split over a period of *five days*, the first four of which are *self directed*, introducing basic medical knowledge and hygiene. The final day of the workshop will conclude with practical application of Cupping.

HOW MUCH WILL THE WORKSHOP COST?

The cost is £250 per candidate. There is a concession rate of £180 for Students.
Closing date for entry is 20th of November 2013.

WHAT DO I ACHIEVE AFTER THE BEGINNERS WORKSHOP?

Upon successful completion of the 'Introductory Workshop', participants will be invited to attend the 'Advanced Cupping Therapy Workshop'.

ADDITIONAL BENEFITS OF ATTENDING THE WORKSHOP

- ⌚ **Prestigious:** Course prepared for Health Professionals by Medical Professionals
- ⌚ **Exclusive:** Direct interaction with leading specialists with research based knowledge
- ⌚ **Practical:** "Hands-on" experience
- ⌚ **Provision:** All necessary materials, documents & cupping sets
- ⌚ **Refreshments & Lunch** are provided

SUMMARY

1. The next beginners workshop is to be held on: **Saturday 30th November 2013** at Ilford Medical Centre, 61 Cleveland Road, Ilford, Essex IG1 1EE
2. Please fill in the attached registration for and send via email (info@britishcuppingsociety.org) or post to the address on the form. Payment is via Cheque to '**British Cupping Society**' or BACS transfer.
3. Please put your name and date of workshop as reference.
4. Please note the deadline for application is **20th November 2013** we cannot refund fees for cancellation beyond this date.

REGISTRATION FORM (PLEASE WRITE CLEARLY)

Please return completed form to: **British Cupping Society, c/o Pervez Latif, PLC4 Accounts Limited, Hamilton House, 4A The Avenue, London E4 9LD** or email to info@britishcuppingsociety.org

Title		Occupation (Specialty) & Reg. Number	
Name			
Organisation			
Postal Address			
Telephone		Fax	
Email			
Local Authority Area			
<p>Please note that only completed forms sent by post or email will be processed – verbal applications will not be accepted. The cost is £250 and £180 for students.</p> <p>The closing date for registration is November 20th 2013. Late applications will only be considered subject to availability.</p>			
<p>Completion and return of this form confirms I would like to attend the following event: 'Cupping Therapy: An Introduction' on Saturday 30th November 2013 Venue: Ilford Medical Centre, 61 Cleveland Road, Ilford, Essex IG1 1EE'</p> <p>Please make cheques payable to the 'British Cupping Society', please write your name and 'Cupping Therapy: An Introduction' on the back of the cheque.</p> <p>Bank Payment Details: The Co-operative Bank.BANK ACCOUNT:65328154 SORT CODE: 08-92-99</p>			



Please write your name and date of workshop as reference i.e 30/11
Dietary, accessibility or any other requirements:
Where did you hear about the course? _____

If you have any queries about this event, please email: info@britishcuppingsociety.org. In the event that you wish to cancel your registration please contact us immediately prior to the date of the workshop. Your place will only be reserved once we receive your payment. Full refund will only be offered if you cancel 10 days in advance. Unfortunately we are not able to offer refunds beyond this time.

Data Protection Statement: Your details will be collected for the purposes of administering this event only and will not be shared with any third parties. If you wish to remove your details or have any other queries about this, please contact BCS: info@britishcuppingsociety.org.

Tick here if you *do not* wish to be added to the BCS mailing list

